

# U.S. Intern Application

## INSTRUCTIONS

- 1) Complete Application Form.
- 2) Sign application form.
- 3) Send completed application packet to the Labo office in Sacramento.
- 4) Give a "Confidential Reference Form" to two people -- not relatives -- to fill out and send directly to the Labo office in Sacramento. You may want to also give them an addressed, pre-stamped envelope for their convenience.

**APPLICATIONS should be sent to the LABO OFFICE in Sacramento  
and must be POSTMARKED by December 14**

## TIMELINE

- **February 1:** Applicants will be notified of Labo's selection for interviews.
- **Late February:** Interviews held in specified location.
- **March 15:** Labo's final decision will be announced.
- **May 1:** Interns must submit the following materials:
  - **Visa Application Form** (Labo will send you a form to fill out)
  - Detailed Independent Study **proposal**
  - Official school **transcript** / diploma (Labo will tell you which is needed)
  - **Copy of Passport** which is valid through your term as an Intern

Please address all questions to

### **LABO INTERNATIONAL EXCHANGE FOUNDATION**

P.O. Box 2996  
Sacramento, CA 95812

Phone/Fax: 916-400-4041  
Web: [www.labo-exchange.com](http://www.labo-exchange.com)  
Email: [labointl@aol.com](mailto:labointl@aol.com)

## LABO INTERN APPLICATION

### Items to be submitted:

- \_\_\_\_\_ **Intern Application** signed by applicant
- \_\_\_\_\_ **Independent Study Project** – Preliminary Ideas form
- \_\_\_\_\_ **LABO Intern Essay** on “Why I Want to be a LABO Intern”
- \_\_\_\_\_ **Medical Form** signed by applicant
- \_\_\_\_\_ **Confidential Exchange Participant Reference forms** To be completed by two people – not relatives – to fill out and send directly to the Labo office in Sacramento. Please provide an addressed, pre-stamped envelope for their convenience.
- \_\_\_\_\_ **Two Letters of Recommendation** signed and in sealed envelope
- \_\_\_\_\_ **Four passport size photos** attach one to application
- \_\_\_\_\_ **A casual photo of you**
- \_\_\_\_\_ **An Official College Transcript** If enrolled in college for less than one year, please send high school transcript.



### HOBBIES AND INTERESTS

What are your hobbies and interests? \_\_\_\_\_

Year in School \_\_\_\_\_ Favorite Subjects \_\_\_\_\_

### LANGUAGE ABILITY

(other than English): please indicate **Excellent**, **Good**, **Fair**, or **Poor**

Language	Reading	Writing	Speaking	Comprehension	Yrs Studied	High School/University

While in Japan, are you willing to study the Japanese language seriously? Yes No

### INTERNATIONAL TRAVEL AND HOSTING EXPERIENCE (Other than Labo)

Country	Length of Stay	Dates/Year	Purpose (tourist, student, etc)

### How Would You Handle the FOLLOWING SITUATIONS? (Use the back for more space.)

You are on your way to a Labo Party. Your train departs in five minutes but you are lost in the busy station.

\_\_\_\_\_

\_\_\_\_\_

Your host mother, who is a Labo Tutor, frequently asks you to go to her Labo Parties during your free time. You are tired and need time for yourself.

\_\_\_\_\_

\_\_\_\_\_

Being a Labo Intern is not what you expected. You want your year to be over, but it has only been four months since you arrived. You want to go home. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Outline Your Experience WORKING WITH CHILDREN**

Activity/Organization	Ages of Children	Your Role

**LEADERSHIP AND RELATED EXPERIENCES**

Include major involvement in clubs, church, school, community, other.

Activity/Organization	Years Involved	Your Role

What are your long-term goals? (career and/or personal) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Use this space to describe your **INTERESTS AND HOBBIES** or any other pertinent information we should know about you.

### PREVIOUS EXPERIENCE WITH LABO

LABO Member(s) Hosted:

Year \_\_\_\_\_ Name \_\_\_\_\_

Year \_\_\_\_\_ Name \_\_\_\_\_

Year of travel to Japan on the LABO Homestay program: \_\_\_\_\_

Name and Address of your Japanese host family: \_\_\_\_\_

What did you enjoy **most** about LABO party activities? \_\_\_\_\_

\_\_\_\_\_

What did you enjoy **least** about LABO party activities? \_\_\_\_\_

\_\_\_\_\_

What were your impressions of LABO camp? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**I certify that all information on this application is true and complete to the best of my knowledge. I understand the purposes and objectives of the LABO Intern Program and agree to participate within the framework of the program should I be accepted.**

Applicant's Signature

(month / day / year)

# MEDICAL FORM

参加者名 (ローマ字)

生年月

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 \_\_\_\_\_  
 Month/Day/Year

I hereby authorize the representative of the Labo International Exchange Foundation, the Labo Teaching Information Center, and the families assigned as my hosts, to make arrangements for my child's welfare, including transportation in the event of an emergency, and for whatever emergency medical care may be deemed necessary for my child's welfare (should my child be incapacitated to make his/her own decision) while participating in this Program.

Signature: 署名  
 of parent or legal guardian

Date: (Month/Day/Year) 日付

In case of emergency notify: Name \_\_\_\_\_  
 緊急連絡先 名前

Telephone: \_\_\_\_\_  
 電話

Relationship to participant: \_\_\_\_\_  
 参加者との関係

## 1. Inoculation History

Vaccine 予防接種	Number 回数	Date of injection 接種した年月日	Vaccinated by/at 接種した施設	Contracted or not? かかった有無	Date contracted (M/D/Y) かかった年月日
Measles はしか	1st			Yes / No	
	2nd				
Rubella 風疹	1st			Yes / No	
	2nd				
Chickenpox 水ぼうそう				Yes / No	
Polio (OPV) 小児麻痺	1st			Yes / No	
	2nd				
	3rd				
	4th				
DPT (三種混合) Diphtheria ジフテリア Pertussis 百日咳 Tetanus 破傷風	1st			Yes / No	
	2nd				
	3rd				
	4th				
	5th				
Tuberculosis ツベルクリ反応の検査	Yes No				
Vaccine type for TB (BCG 接種の有無)	Yes No				
Hepatitis B B型肝炎	1st				
	2nd				
	3rd				
Others その他					

2. Are you subject to any of the following? If YES, please explain condition and/or frequency.

下記の病気や症状がありますか？ **Condition/Frequency** 症状/  
頻度

Asthma/Respiratory Problems 喘息 / 呼吸器系障害	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Diabetes/Hypoglycemia 糖尿病 / 低血糖症	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Heart Trouble 心臓疾患	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Lung Trouble 肺疾患	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Fainting Spells 失神	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Convulsions けいれん発作	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Epilepsy てんかん	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Skin Disease 皮膚疾患	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Kidney/Gall Bladder/Liver Disease 腎臓 / たんのう / 肝臓疾患	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Muscular/Skeletal Problem 筋肉/骨格の障害	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Emotional or Mental Disorder 情緒/精神的な障害	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Stomach/Intestinal Problem 胃腸障害	Yes <input type="checkbox"/> No <input type="checkbox"/>	_____
Any Other Disorder (Please list and explain) その他の疾患及び障害		_____

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3. Do you have any allergies or reactions to drugs or non-drug items?

アレルギー、薬品の副作用について

● **Medicines:** 薬品に関するアレルギー

Penicillin or Related Drugs: ( ペニシリン系薬品 ) Yes  No

Aminopyrine or Sulpyrine Type Drug: ( ピリン系薬品 ) Yes  No

Others: その他の薬品 : \_\_\_\_\_

● **Non-Drug Items:** 薬品以外のアレルギー

Bees       Pollen       Dogs       Cats       Small Animals

蜂              花粉              犬の毛              ネコの毛              小動物の毛

Food 食品 : \_\_\_\_\_

4. Does you have difficulties with any of the following?

下記の障害や、健康上注意を要する点がありますか？あれば、注意書きも書き添えて下さい。

Eyes ( 視力等、目の障害 ) Yes  No  \_\_\_\_\_

Uses Contact Lenses ( コンタクトレンズ使用 ) Yes  No  \_\_\_\_\_

- Ears ( 聴力等、耳の障害 ) Yes  No  \_\_\_\_\_
- Nose ( 鼻の障害 ) Yes  No  \_\_\_\_\_
- Throat ( 咽喉障害 ) Yes  No  \_\_\_\_\_
- Digestion ( 消化障害 ) Yes  No  \_\_\_\_\_
- Sleepwalking ( 夢遊病 ) Yes  No  \_\_\_\_\_
- Bed-Wetting ( 夜尿症 ) Yes  No  \_\_\_\_\_
- Menstrual Problems ( 生理障害 ) Yes  No  \_\_\_\_\_
- Any other medical difficulties: (Please list) \_\_\_\_\_

その他の障害

- Any surgical operations, accidents, or injuries, which required hospitalization in the past?  
 Yes  No  Explain: \_\_\_\_\_  
 過去に手術、事故、怪我などで入院したことがありますか。あれば病名、症状をお知らせ下さい。
- Any recent exposure to a contagious disease?  
 Yes  No  Explain: \_\_\_\_\_  
 最近感染症にかかりましたか。あれば病名、症状をお知らせください。
- If you are carrying medicines/prescriptions, fill in the following. Put "P" for prescriptions.  
 携帯する薬をお知らせ下さい。( 医師から処方されたものには'P'と書き添えてください )

Name of medicine 薬品名	For what illness/symptoms 病名・症状	Dosage/Times taken 服用量・回数
_____	_____	_____
_____	_____	_____

- Are there any physical activities that you are restricted from doing? If YES, please list.  
 Yes  No  If so, what kind? \_\_\_\_\_  
 健康上制限されている行動がありますか。ある場合お知らせ下さい。
- Are you on a special diet? Yes No If so, what kind? \_\_\_\_\_  
 食事に関して特別な制限がありますか?もしあれば、それはどのようなものですか。
- Any additional information Labo and your host families should be aware of?  
 Yes  No  Explain: \_\_\_\_\_  
 ラボやホストが知っておいた方がよい健康上の問題がありますか?
- Are you currently under a doctor's care?  
 Yes  No  Explain: \_\_\_\_\_  
 現在通院していますか。いる場合、何の症状で通院されているかお知らせください。

**I certify that all medical information has been included and that the above information is complete and accurate: 記載した情報に相違ありません。**

\_\_\_\_\_  
 Parent or legal guardian 署名  
 Signature

\_\_\_\_\_  
 Date 日付

## INDEPENDENT STUDY PROJECT

### Preliminary Ideas

An important part of your year in Japan will be your Independent Study Project. This project can be on any subject of your choosing related to traditional Japanese culture. Labo will set aside time for you to work on your project, and there is some funding available to help you with your project expenses. Interns may also receive University credit for their Independent Study Project (please discuss this with your University advisor).

Some ideas for your Study Project include (but are not limited to):

Flower Arrangement	Tea Ceremony
Japanese Doll Making	Kimono
Washi Paper Making	Calligraphy
Ukiyoe (woodblock) Printing	Taiko Drum
Nihon Buyo Dancing	Bonsai
Kabuki Drama	Sumo

In the following space, please write down the tentative topic of your Independent Study Project. If you are selected as a finalist of the Intern Program, you will be required to submit a more detailed proposal of your course of study in Japan. Labo will be happy to work with you to develop this proposal.

Name \_\_\_\_\_

Independent Study Project (tentative):

## **INTERN ESSAY**

Please write a one-page essay on **“Why I want to be a Labo Intern”**

# Confidential Reference

**Please return this form to:**

Labo International Exchange  
P.O. Box 2996  
Sacramento, CA 95812  
phone/fax: 916-400-4041

**Applicant's Name:** \_\_\_\_\_

The individual named above has applied for participation in the Labo In-Japan Summer Homestay Program (1 or 2 months in Japan). Your thoughtful evaluation of the applicant's ability to assume this role will be appreciated. You may write a letter if you prefer. Please send the completed form (or letter) and any other materials to the Exchange Coordinator listed in the upper right-hand corner. Please use the back of this page for additional comments. All information is confidential. *Thank you for providing this reference*

**Interpersonal Relations:** As you observe this applicant in relation to other people, is he/she usually:

**Comments**

- Cooperative  Yes  No
- Accepts Authority  Yes  No
- Respectful  Yes  No
- Outgoing  Yes  No
- Positive Attitude  Yes  No
- Flexible  Yes  No

**How does the applicant react to:**

- Physical discomfort: \_\_\_\_\_
- Stress/Pressure: \_\_\_\_\_
- Sudden changes in schedule: \_\_\_\_\_
- Awkward and embarrassing situations: \_\_\_\_\_

**In comparison with others, how would you rate the applicant in the following areas:**

	Below Average	Average	Above Average	Top 10%
Emotional maturity .....	( )	( )	( )	( )
Leadership .....	( )	( )	( )	( )
Enthusiasm/Energy .....	( )	( )	( )	( )
Self-Confidence .....	( )	( )	( )	( )
Sense of Humor .....	( )	( )	( )	( )
Handling Emergencies .....	( )	( )	( )	( )

**How long have you known this applicant?** \_\_\_\_\_

**Do you recommend this applicant for participation?**  Yes  No

Signature \_\_\_\_\_ Date \_\_\_\_\_

Title \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

Connection to Applicant \_\_\_\_\_

# Confidential Reference

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Enthusiasm/Energy .....	( )	( )	( )	( )
Self-Confidence .....	( )	( )	( )	( )
Sense of Humor .....	( )	( )	( )	( )
Handling Emergencies .....	( )	( )	( )	( )

**How long have you known this applicant?** \_\_\_\_\_

**Do you recommend this applicant for participation?**  Yes  No

Signature \_\_\_\_\_ Date \_\_\_\_\_

Title \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

Connection to Applicant \_\_\_\_\_