

Outbound Application Instructions

Please complete all pages of this Application Package and mail to:

Labo International Exchange Foundation
ATTN: Ariel Smoke
2110 L St. #210, Sacramento, CA 95816
Phone: 916-400-4041 Fax: 916-376-7515

Instruction Pages

- Page 2,3 **Personal Information Sheet**
On the top of the first page, check for which program(s) you are applying.
- Page 4, 5, 6 **Medical History and Authorization**
Parent/guardian's signature required.
- Page 7 **Self-Introduction Page** • Use photos, drawings, maps, and anything else you can think of to help introduce yourself, your family, and your community to your host family.
- Page 8 **Essay Page** • You may attach essays on separate pages if desired.
- Page 9 **Participant Agreement**
Student's and Parent's signatures required.
- Page 10 **Parental Agreement**
Parent's signatures required.
- Page 11 **Sexual Harassment Policy**
Student's and Parent's signatures required.
- Page 12 **Parental Permission Form**
for travel outside U.S./Canada.
Both parents' signatures required, if applicable
- Pages 13,14 **Confidential Reference Forms**
Give these forms to two people (not relatives) to fill out and send directly to your Provincial Coordinator. You may want to provide them stamped, addressed envelopes for their convenience.

